

RAINBOW YOUR DAY

with our exclusive

CHROMOTHERAPY



SANCTUM
WELLNESS





SANCTUM SIGNATURE SCENTS

Developed based on the concept of Chromotherapy while encompassing the richness of the tropical rainforest's flora and the ocean's harvest, our essential oils are carefully formulated to elevate your senses and address your well-being's concerns, bringing about a holistic healing for the body, mind and spirit.



SANCTUM SIGNATURE MASSAGE OIL

*Green Tea, Vetiver, Sea Kelp, Seaweed Extract
Purifying, Renewing, Refreshing*



ENERGY

*Geranium, Clove, Fennel, Cypress, Lime, Rosemary
Anti-aging, Uplifting, Energizing*



CALM

*Chamomile, Peppermint, Tangerine, Lavender
De-stressing, Healing, Boost Immune System*



DE-STRESS

*Lavender, Ylang Ylang, Sandalwood, Lemongrass, Orange
Soothing, Calming, Desensitizing*



NOURISH

*Bergamot, Ginger, Jasmine, Evening Primrose, Clary Sage
Hydrating, Anti-Oxidant, Nourishing*

THE POWER OF COLOURS

Our treatment and wellness packages are designed to seamlessly blend the concept of Chromotherapy and the use of natural ingredients. Each colour signifies the benefit and result that you expect at the end of your experience. Our main goal is to relax you into ultimate pampering and tranquility, and immerse you in the world of graceful balance.



SANCTUM SIGNATURE REMEDIES

Inspired by the Chromotherapy concept, a team of wellness experts and therapy practitioners carefully developed a potpourri of Sanctum signature and bespoke holistic remedies, catering to the needs of urbanites and travelers alike that suit their high-paced lifestyle. With 5 main Chromotherapy colours, guests are guided and consulted prior to their treatment to select the right remedy with the desired benefits and state of being after the treatment.



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TREATMENTS & MESSAGES

SANCTUM ENERGY BALANCE

RM 150 | *30 min*

Deeply meditative, this experience brings the body's energy channels into alignment through a fluid combination of healing crystal, light massaging and specific essential oil blends. This unique experience leaves guests feeling calm and in a state of harmony, resulting in an increased feeling of well-being.

QUICK FIX – NECK & SHOULDER MASSAGE

RM 180 | *30 min*

This treatment is specially designed to reduce the stiffness and muscle pain caused by muscle fatigue and helps to overcome exhaustion. We recommend this treatment if you have difficulty sleeping.

FOOT REFLEXOLOGY

RM 230/325 | *30/60 min*

An ancient art of healing which has been practiced for over five thousand years by applying pressure to reflex points which are mapped out on the feet. Reflexology activates the nervous system to clear any blockages in corresponding areas on the body. Stress reduction with improved circulation encourages the body to return to its normal functions and promotes deep relaxation.

SEA SALT MILK BATH

RM 180 | *40 min*

The gentle care "Cleopatra's Bath" provides a pampering spa experience and leaves a velvety feel to the skin. Biomaris Special Salt and a protein concentrate from milk and lecithin cleanse the skin, stimulate the circulation and ensure perfect relaxation.

SEA SALT BATH TREATMENT

RM 180 | *40 min*

Say hello to a rejuvenated body with this Sea Salt Bath Treatment. This is a combination of essential oils and thalasso treatment facilities with constituents contained in algae and seawater. Algae enriches the water with trace elements and mineral salts which act as detoxifying agents and antioxidants, helping to treat skin blemishes caused by cellulite.

RELAX & REST MASSAGE

RM 280/350 | *60/90 min*

Our Relax & Rest Massage is a holistic treatment that aims at restoring physical and energy conditions that contribute to improve sleep regulation both qualitatively and quantitatively. The massage techniques work on the physical and energy level, complementing each other harmoniously.

SANCTUM SIGNATURE

RM 425 | *90 min*

Inspired by gentle tree movements, our Sanctum Signature was created. This signature massage lulls you into a deep state of relaxation through the rhythmic technique with precision to engage all senses and mesmerise you holistically.

TRADITIONAL URUTAN MALAYSIA

RM 425 | *90 min*

"Urutan" or massage in the Malay language provides tranquil healing that blends long and firm strokes with thumb pressure. This massage works on muscle and nerve pathways to encourage blood circulation and relieves tension.

AROMATHERAPY MASSAGE

RM 325/425/525 | *60/90/120 min*

A gentle and calming massage enhanced with aromatic essential oils which release their healing properties into the skin to balance your body and mind, restoring a sense of well-being.

BALINESE MASSAGE

RM325/425/525 | *60/90/120 min*

Originating from the Island of Paradise, this massage involves a combination of various traditional techniques which have been passed through generations to stimulate the flow of blood, oxygen and energy throughout your body, and bring a sense of well-being, calmness and deep relaxation.

DEEP TISSUE MASSAGE

RM 325/425/525 | *60/90/120 min*

This massage is designed for maximum therapeutic results using moderate to deep pressure, to treat specific muscle groups. The technique helps to release muscle spasms, tension and aid repetitive stress syndrome.

HAWAIIAN LOMI LOMI MASSAGE

RM 325/425/525 | *60/90/120 min*

An ancient Hawaiian therapeutic technique, passed down through generations of Hawaiian healers, using both gentle and vigorous stroke movements that replicate soothing waves to promote relaxation and enhance an overall sense of well-being.

SWEDISH MASSAGE

RM 325/425/525 | *60/90/120 min*

An invigorating massage that relieves stress, tension and muscle aches leaving you feeling radiant and relaxed. This medium pressure massage works on group muscles to induce a deep state of tranquility, while improving circulation and flexibility.



BODY SCRUB TREATMENTS

DAMASCENA ROSE SALT EXFOLIATION

RM 225 | *45 min*

Restore your skin to its radiant glow with an exfoliating sea salt enriched with damascena rose essential oil. As the delightful aroma entices your senses, the skin is gently polished, rendering a silky smooth touch and nourished skin.

GINGER SALT EXFOLIATION

RM 225 | *45 min*

Energising body polish with ginger extracts to promote skin generation while preparing your skin to absorb the active ingredients in the next treatment. Recommended for tired skin.

LAVENDER SALT EXFOLIATION

RM 225 | *45 min*

A gentle yet calming body polish with mineralised sea salt and lavender essential oil.

LEMONGRASS AND JASMINE CREAM EXFOLIATION

RM 225 | *45 min*

A deeply nourishing and hydrating body polish to replenish the skin with moisturising lemongrass and jasmine body polish.

RASPBERRY CREAM EXFOLIATION

RM 225 | *45 min*

Packed with antioxidants and purifying essentials, this gentle exfoliation removes skin impurities and refines skin texture for a smooth and vivid, brighter skin.

FACIAL TREATMENTS

PURIFYING FACIAL

RM 480 | *75 min*

Featuring argan seed, green clay and chamomile extracts to control sebum production, alleviate skin inflammation and reduce the appearance of pores. Recommended for oily and combination skin.

TIMELESS FACIAL

RM 480 | *75 min*

The first step to prevent early signs of aging with anise and ginseng extracts to reduce fine lines and energise dull complexions.

SENSITIVE FACIAL

RM 480 | *75 min*

Specifically targeted for sensitive skin to reduce redness with soothing chamomile and lavender essential oil that help to improve skin protection and acts as a natural barrier against pollution.

REVITALISING FACIAL

RM 480 | *75 min*

Especially developed against harsh pollution and free radicals to revitalise dull skin with rich propolis and hamamelis extracts that will render a healthy glow.

HYDRATING FACIAL

RM 480 | *75 min*

Visibly enhances the skin's texture and maximizes hydration. This nourishing facial combines the hydrating benefit of avocado extract with propolis natural hydrating substances collected from bees to boost skin suppleness and moisture retention.

LIFT CVS FACIAL

RM 680 | *90 min*

An exfoliating and lifting treatment to sculpt contours and firm the shape of the face. Featuring pure marine elastin to accelerate cell renewal, restructure, firm, hydrate and protect against exterior aggressions using manual exfoliation. A face lift that stimulates epidermal reconstruction to make you feel youthful.

ANTI-AGING MC110 FACIAL

RM 680 | *90 min*

The ultimate anti-aging facial therapy to revitalise and protect the elasticity of the skin, thanks to its antioxidants. A treatment using a vibratory massage technique that will leave your skin smoother and brighter with your facial contours plumped and redefined.

RESTRUCTURANT ET LISSANT FACIAL

RM 680 | *90 min*

Healing facial for fragile, hypersensitive skin to stimulate the natural defense by working in harmony with the lymphatic and circulatory system. An excellent calming treatment that will leave your skin feeling stress-free, reconditioned and glowing.

MASQUE EXFOLIANT P50 VISAGE FACIAL

RM 680 | *90 min*

A unifying and regenerating therapy for intense nourishment that will smoothen and brighten your complexion.

SPECIAL PACKAGES

BODY RENEWAL

RM 495 | 90 min

Body exfoliation + Hawaiian Lomi Lomi massage: A delightful combination of gentle body exfoliation with raspberry cream and a Hawaii Lomi Lomi massage.

ENERGY BOOSTER

RM 495 | 90 min

Body exfoliation + deep tissue massage: Rev up your energy with this power-packed combination of a ginger body scrub and deep tissue massage. Ideal as a post-workout treatment.

AROMA AWAKENING

RM 495 | 90 min

Body exfoliation + aromatherapy massage: Awaken your senses through a calming ritual that begins with a lavender salt scrub followed by a soothing aromatherapy massage.

HYDRATING BODY IMMERSION

RM 495 | 90 min

Body exfoliation + Balinese massage: Leave the world outside and immerse into this pampering escape with hydrating moor mud infused with nutrients to replenish the skin, coupled with an invigorating Balinese massage.

DE-STRESS DEFENCES

RM 580 | 120 min

Body exfoliation + traditional Urutan Malaysia: Whisk your stress away with a perfect blend of damascena rose salt scrub and a traditional Urutan Malaysia.

URBAN ANTIDOTE

RM 680 | 135 min

Balinese massage + hydrating facial: An active lifestyle added with daily skin aggression due to harsh urban environments and the absence of a proper skin care program can quickly take a toll on your skin. Strengthen your skin with this rejuvenating Balinese massage and hydrating facial that will deeply recondition and improve skin texture.

CALMING LULLABY

RM 680 | 135 min

Aromatherapy massage + sensitive facial: Two most sought-after remedies that will put you in a state of repose with aromatic scents.

YOUTHFUL RADIANCE

RM 680 | 135 min

Deep tissue massage + timeless facial: Featuring an energizing deep tissue massage and sublime timeless facial to recharge your body and reveal a youthful and radiant complexion.

PURE ESSENTIALS

RM 780 | 165 min

Sanctum signature + purifying facial: An indulgence journey which begins with our Sanctum signature massage followed by a purifying facial.

SACRED HEALING

RM 780 | 165 min

Traditional Urutan Malaysia + revitalising facial: A synergy treatment to combat physical and emotional stress while revitalising and restoring your skin to its original glow.

LUXURY PACKAGES

SANCTUM FLORA RM 1,088 | 3 hours

Body exfoliation + aromatherapy massage + anti-aging

MC 110 facial: An enchanting beauty ritual that elevates the notion of femininity to the next level. The ritual begins with a gentle damascena rose body exfoliation followed by a calming aromatherapy massage and an anti-aging MC 100 facial by Biologique Recherche.

SANCTUM VIGOR RM 1,088 | 3 hours

Body exfoliation + Swedish massage + men's Restructurant

et Lissant facial: And of course, we have designed holistic treatments for men too! This power-packed energising ritual helps to recharge the body, ease muscle tensions and fight skin aggressions due to hectic lifestyles. Starting with a ginger infused exfoliation to remove skin impurities, the invigorating Swedish massage and Men's Restructurant et Lissant facial by Biologique Recherche will keep you completely refreshed.

ROMANTIC LUXURY SPA COUPLE TREATMENT

RM 1,399 | 3 hours

Body exfoliation + sea salt bath treatment

+ aromatherapy massage

An enchanting beauty ritual that elevates the notion of love to the next level. The ritual begins with a gentle damascena rose body exfoliation followed by a relaxing sea salt bath treatment with enriched water containing traces of mineral salts which act as a detoxifying and antioxidant agent. Finish with a personalized aromatherapy massage in our spa couple's suite.

“HOW BEAUTIFUL IT IS TO DO NOTHING,
AND THEN TO REST AFTERWARDS.”

Spanish Proverb



SPA ETIQUETTE

Our spa environment is an oasis of relaxation and tranquility. Please respect all spa guests' right to privacy and serenity. In light of this, the spa is a mobile phone, pager, camera, alcohol and smoke-free zone.

ARRIVAL:

Please allow sufficient time before your treatment to complete our Spa Consultation Form and/or Health Questionnaire. We recommend you to be at the spa one hour prior to your treatment so that you can change, relax and enjoy the facilities. Please be advised that late arrivals will result in a reduction of treatment time. The spa will provide towels, robes, slippers and other necessary amenities required during your visit.

HEALTH CONDITION:

Kindly advise us of any health conditions, allergies or injuries which could affect your choice of treatment when making your reservation.

CANCELLATION POLICY:

A 100% charge will be incurred for any treatment cancellation less than 24 hours prior to your scheduled treatment time.



SANCTUM WELLNESS

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